



Figure 1: Fashion,Art,Workout,Sex and Andventure

Abstract

Your abstract.

0.1 10 MISTAKES ARE MAKING WHEN DIETING

10. Jumping right in
9. Worrying about dietary cholesterol
8. Giving up coffee
7. Not going out
6. Quitting too soon
5. Drifting too far
4. Replacing too much
3. Fearing the cravings
2. Not informing yourself



Figure 2: Fashion,Art,Workout,Sex and Andventure